

COVID-19 UPDATE 11/18/21

As we head toward Thanksgiving, we would like to take this opportunity to wish you a very relaxing and enjoyable break with family and friends. It will be important to remain vigilant with all mitigation strategies for the health and well-being of our staff, students and community because Ocean County remains in the high activity level as defined by the New Jersey Department of Health according to the Weekly COVID-19 Activity Report. Please advise your building principal of any travel plans. We will be following the most current **11/12/21** CDC recommendations for: **DOMESTIC TRAVEL** include -



ALL Travelers

RECOMMENDED

- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms



If you are NOT fully vaccinated

RECOMMENDED

- Self-quarantine and get tested on Day 3-5 after returning from travel
- Stay home and self-quarantine for a full 7 days, even if you test negative at 3-5 days
- If you select to not test, stay home and self-quarantine for 10 days after travel

The most current **11/10/21** CDC recommendations for **INTERNATIONAL PLANS** include:



ALL Travelers

RECOMMENDED

- Get tested on Day 3-5 after returning from travel
- Self-monitor for COVID-19 symptoms; get tested if symptoms develop
- Follow all state and local recommendations after travel



If you are NOT fully vaccinated

RECOMMENDED

- Stay home and self-quarantine for a full 7 days after travel, even if you test negative at Days 3-5
- If you don't get tested, stay home and self-quarantine for 10 days after travel

COVID Resources are found on the [NJ COVID 19 hub](#):

[Weekly surveillance report](#)
[Vaccine appointment finder](#)

[Test site finder tool](#)
[COVID Recipient Fact Sheets](#)

Reference: [The Road Forward](#), [NJDOH K-12 Schools](#), [CDC11/12 Domestic](#) and [International travel](#)